

Nugget

MARKETS



Pick up your **FREE** copy of our
HEART HEALTHY SHOPPING LIST

And find out more about eating to support your heart health with foods recommended by the American Heart Association.

The lowest prices of any conventional grocery store in our area — Since 1926!



PRAIRIE FRESH

PrairieFresh 100% Natural
Fresh Pork Center Cut Loin or Rib Chops

Lean pork can be part of a diet low in fat, calories, and cholesterol. On average, pork contains 31% less fat, 17% fewer calories, and 10% less cholesterol than the pork our parents and grandparents enjoyed.

Stop Sign Savings...\$1.50/lb.

2.99/lb.

Better Than BOGO

Fresh & Crisp Broccoli

Grown in California.

Stop Sign Savings...92¢ ea.

77¢ ea.



Nugget's Own Marinated
Boneless & Skinless Chicken Breasts

Stop Sign Savings... \$1/lb.

4.99/lb.

Hot Grocery Buys



Muir Glen Organic Soup

Selected Varieties. 18.6-19 oz. Can

Save up to \$1.80

1.99



Krispy Saltine Crackers

Selected Varieties. 16 oz. Pkg.

Save \$1.98 on 2

2/\$4

\$2 each

Better Than BOGO



Del Monte Vegetables

Selected Varieties. 13.5-15.25 oz. Can

Stop Sign Savings...\$1

69¢



Oroweat Bread

Selected Varieties. 24 oz. Loaf

Save \$4.38 on 2

2/\$5

\$2.50 each



Nature Valley or Fiber One Bars

Selected Varieties. 7-8.9 oz. Pkg.

Save up to \$4.78 on 2

2/\$4

\$2 each



Welch's Grape Juice

Grape or White Grape. 64 oz. Bottle

Save \$3.70 on 2

2/\$5

\$2.50 each



Clover Organic Cage Free Large Brown Eggs

One Dozen Carton

Stop Sign Savings...\$2.50

3.49



Kellogg's Corn Flakes or Frosted Flakes Cereal

14-18 oz. Package

Save up to \$3.98 on 2

2/\$5

\$2.50 each

Better Than BOGO



Golden Grain Rice-A-Roni

Selected Varieties. 3.8-7.2 oz. Pkg.

Stop Sign Savings...\$1

99¢



Angel Soft Bathroom Tissue

12 Double Roll Package

Stop Sign Savings...\$4

4.99

1414 EAST COVELL BLVD., DAVIS, (530) 750-3800; OPEN 6AM-11PM • 409 MACE BLVD., DAVIS, (530) 753-6690; OPEN 7AM-10PM
 • 4500 POST STREET, EL DORADO HILLS, (916) 933-1433; OPEN 6AM-11PM • 7101 ELK GROVE BLVD., ELK GROVE, (916) 226-2626;
 OPEN 6AM-10PM • 771 PLEASANT GROVE BLVD., ROSEVILLE, (916) 746-7799; OPEN 6 AM-11 PM • 1040 FLORIN ROAD, SACRAMENTO,
 (916) 395-2875; OPEN 6AM-10PM • 130 BROWNS VALLEY PKWY, VACAVILLE, (707) 469-6900; OPEN 6AM-10PM • 2000 TOWN CENTER PLAZA,
 WEST SACRAMENTO, (916) 375-8700; OPEN 6AM-10PM • 157 MAIN ST, WOODLAND, (530) 662-5479; OPEN 6AM-10PM

FEBRUARY 2009
AD STARTS WEDNESDAY
 WED THU FRI SAT SUN MON TUES
18 19 20 21 22 23 24
 Limit of 4 on all advertised specials, unless otherwise stated.



STOP SIGN = SAVINGS!
In addition to our everyday low prices, look for our Stop Sign Savings! You can't beat these prices — look for the savings today!

SINCE 1926

Nugget Market Specials

Heart Healthy Item
Shop for your Heart Health!
The American Heart Association and Nugget Markets are teaming up to help you stay Heart Healthy in 2009. Products in our ad bearing the "Heart Healthy Item" seal are certified Heart Healthy by the AHA.
Look for great deals on these items in our ad and our stores throughout February!

Kashi Go Lean or Heart to Heart Berry Cereal
13.4-14.1 oz. Package
Save up to \$4.98 on 2
2/\$5
\$2.50 each

Gerbera Daisies
Selected 5 Stem Varieties.
Save \$3.98 on 2
2/\$8
\$4 each

Hydrangeas
Selected Varieties in a 6 inch pot.
Stop Sign Savings...\$7
12.99

2005 Chateau Ste. Michelle Indian Wells Merlot
Ripe black fruit aromas and jammy flavors. This is a full bodied, fruity style of warm climate Merlot with a round, soft finish. Enjoy it with a hearty pasta - this wine will warm your soul and make any food taste better! Wine Spectator like it too, rating it 90 pts. "Smooth, vibrant and appealing for its pure cherry and herb flavors, hinting at tobacco and black olive as the finish rolls on seamlessly." 750 ml. Bottle
Stop Sign Savings...\$6
11.99

Benziger Napa Valley Chardonnay, Bogle Reserve Sauvignon Blanc or Beringer Napa Valley Chardonnay
750 ml. Bottles
Save up to \$6
11.99

Butterfield Station or Barricos Wines
Selected Varieties.
750 ml. Bottles
Stop Sign Savings...\$3
4.99

Cambria Pinot Noir or Chardonnay
750 ml. Bottles
Save up to...\$9
16.99

E&J Gallo or Christian Brothers Brandy
750 ml. Bottles
Save up to \$3
6.99

EarthGrains or San Luis Bread
Selected Varieties. 24 oz. Loaf
Save up to \$1.80
2.99
\$2.50 each

Napa Valley Extra Virgin Olive Oil
Original or Robust.
25.4 oz. Bottle
Stop Sign Savings...\$4
10.99

McCormick Paprika
1 oz. Jar
Stop Sign Savings...50¢
1.49

Crystal Hot Sauce
12 oz. Bottle
Stop Sign Savings...90¢
1.49

Tostitos Tortilla Chips
Selected Varieties.
9-13 oz. Bag
Save \$1.98 on 2
2/\$6
\$3 each

Langers Apple Juice
3 Liter Jug
Stop Sign Savings...\$1
2.99

Lost Coast, Kirin, Kona or Sierra Nevada Ales
Selected Varieties.
6 Pack/12 oz. Bottles
Save up to \$2
6.99 +CRV

Mendocino Brewing Co. or Modelo Beer
Selected Varieties.
12 Pack/12 oz. Bottles
Save up to \$5
12.99 +CRV

Moosehead or Session Lager
12 Pack/12 oz. Bottles
Save up to \$4
9.99 +CRV

Skyv Vodka or Jose Cuervo Tequila
Selected Varieties.
750 ml. Bottles
Stop Sign Savings...\$5
12.99

Grey Goose or Absolut Vodka
750 ml. Bottle Grey Goose.
1.75 Liter Bottle Absolut.
Save up to \$13
26.99

Sun-Maid Golden Raisins
15 oz. Package
Save \$2.18 on 2
2/\$5
\$2.50 each

Entenmann's Desserts or Snacks
Selected Varieties.
6.5-22 oz. Package
Save up to \$2.18 on 2
2/\$7
\$3.50 each

Robert's Pirates Booty Multi-Pack
6 Count Package
Stop Sign Savings...\$1
3.99

La Victoria Taco Sauce or Salsa
Selected Varieties.
12 oz. Bottle
Save \$2.78 on 2
2/\$3
\$1.50 each

Del Monte Fruit Cups
Selected Varieties.
4 Count Package
Save \$2.98 on 2
2/\$4
\$2 each

Florida's Natural Orange Juice
Selected Varieties.
64 oz. Carton
Save \$3.58 on 2
2/\$6
\$3 each

7-Up 2 Liter Bottles
Selected Varieties.
Stop Sign Savings...90¢
99¢ +CRV

Orangina
4 Pack/10 oz. Bottles
Save \$3.98 on 2
2/\$6
\$3 each

Coca-Cola 2 Liter Bottles
Selected Varieties.
Save 78¢ on 2
2/\$3
\$1.50 each

Coca-Cola 12 Packs
Selected Varieties.
12 Pack/12 oz. Cans
Save \$2.78 on 2
2/\$9
\$4.50 each

Sara Lee Bread
Whole Grain White or 100% Whole Wheat. 20 oz. Loaf
Save up to \$1.50
2.99

Thomas' New York Style Bagels
Selected Varieties. 18-20 oz. Pkg.
Save \$3.38 on 2
2/\$5
\$2.50 each

Sunshine Cheez It, Keebler Crackers or Chips Deluxe Cookies
Selected Varieties.
7.5-18 oz. Package
Save up to \$2.98 on 2
2/\$5
\$2.50 each

American Beauty Extra Wide Noodles
32 oz. Package
Save up to \$10.96 on 4
4/\$5
\$1.25 each

Quaker Instant Oatmeal
Selected Varieties.
10.9-16 oz. Package
Save \$4.98 on 2
2/\$5
\$2.50 each

Heinz Tomato Ketchup
Selected Varieties.
32-36 oz. Bottle
Stop Sign Savings...\$1.50
1.99

NOH Hawaiian Iced Tea
6 Pack/12 oz. Cans
Save \$6.18 on 2
2/\$5
\$2.50 each

Crystal Geyser Juice Squeeze
Selected Varieties.
4 Pack/12 oz. Bottles
Save \$2.58 on 2
2/\$5
\$2.50 each

Clover Organic Kefir
Selected Varieties. 32 oz. Bottle
Stop Sign Savings...50¢
3.49

Swiss Miss Pudding
Selected Varieties.
6 Pack/4 oz. Cups
Stop Sign Savings...\$1.10
2.69

Anna's Thins
Selected Varieties.
5.25 oz. Package
Save \$2.38 on 2
2/\$3
\$1.50 each

PG Tips Pyramid Tea
40 Count Package
Save \$1.78 on 2
2/\$7
\$3.50 each

Oberto Beef Jerky
Selected Varieties. 3.5 oz. Pkg.
Stop Sign Savings...\$2
3.99

Kraft Easy Mac Cup
2.05 oz. Package
Stop Sign Savings...30¢
79¢

Betty Crocker Helpers
Selected Varieties.
5-9.2 oz. Package
Save \$2.98 on 2
2/\$3
\$1.50 each

Hunt's Tomato Sauce
8 oz. Can
Save 98¢ on 2
2/\$1
50¢ each

Dannon Light & Fit Yogurt
Selected Varieties. 6 oz. Cup
Save \$4.90 on 10
10/\$5
50¢ each

Nulaid ReddiEgg
32 oz. Carton
Stop Sign Savings...\$2.40
4.59

Hot or Lean Pockets
Selected Varieties.
9 oz. Package
Save \$2.38 on 2
2/\$4
\$2 each

Banquet Dinners
Selected Varieties.
6.75-12 oz. Package
Save up to \$2.16 on 4
4/\$5
\$1.25 each

Pillsbury Reduced Sugar Cake Mix
Selected Varieties. 18.25 oz. Pkg.
Save \$1.98 on 2
2/\$3
\$1.50 each

Fiber One Pancake Mix
28.3 oz. Package
Stop Sign Savings...\$1.20
2.99

Aunt Jemima Syrup
Selected Varieties.
24 oz. Bottle
Stop Sign Savings...\$2.40
2.99

Crisco Cooking Spray
Selected Varieties.
6 oz. Canister
Save \$3.58 on 2
2/\$5
\$2.50 each

Friskies Buffet Cat Food
Selected Varieties.
5.5 oz. Can
Save 38¢ on 2
2/\$1
50¢ each

Better Than BOGO Betty Crocker Potato Buds Instant Mashed Potatoes
13.75 oz. Package
Stop Sign Savings...\$2
1.99

Nestle Ice Cream Novelties
Selected Varieties. 4-9 Ct. Pkg.
Save up to \$3.58 on 2
2/\$5
\$2.50 each

Wolfgang Puck or Freschetta Pizza
Selected Varieties.
12.25-28.01 oz. Package
Save up to \$4.98 on 2
2/\$10
\$5 each

Amy's Lasagna
Selected Varieties.
9.5-10.25 oz. Package
Stop Sign Savings...\$1
4.49

Healthy Choice Cafe Steamers
Selected Varieties.
10-12.6 oz. Package
Save \$1.98 on 2
2/\$6
\$3 each

Mardi Gras Paper Napkins
500 Count Package
Stop Sign Savings...\$2.80
2.99

Ajax Cleaner
14 oz. Canister
Save 85¢ on 3
3/\$2
67¢ each

Ivory Aloe Bar Soap
12 Count Package
Stop Sign Savings...\$1.50
4.99

CoverMate Flexible Covers
Selected Varieties.
10-12 Count Package
Stop Sign Savings...\$1
2.99

Crisp on the Outside, Delectable on the Inside
Our French-style rustic baguettes are created from the best ingredients, namely specially milled organic flours, naturally fermented starters, and time-honored artisan techniques. Each loaf is baked fresh daily at Nugget by our in-house team of bakery associates.
Stop Sign Savings...\$1 ea.
1.99 ea.

Bar S Corn Dogs
Selected Varieties.
1.5 Lb. Package
Save \$2.98 on 2
2/\$7
\$3.50 each

Falls Brand Thick Sliced Bacon
16 oz. Package
Stop Sign Savings...\$1.70
3.99

Ball Park Meat Franks
Selected Varieties.
14-16 oz. Package
Stop Sign Savings...\$1.30
2.99

Hillshire Farm Rope Sausage
Selected Varieties.
14-16 oz. Package
Save \$2.78 on 2
2/\$6
\$3 each

Ecover Laundry Detergent
100 oz. Liquid
Stop Sign Savings...\$3
9.99

Planet Ultra Laundry Detergent
100 oz. Liquid
Stop Sign Savings...\$3.50
7.99

Best Yet Bleach
Selected Varieties. 96 oz. Jug
Save 98¢ on 2
2/\$3
\$1.50 each

Palm-olive Dish Soap
Selected Varieties.
25 oz. Bottle
Stop Sign Savings...\$1.90
2.49

If You Can't Make It to Bourbon Street ...
Celebrate Mardi Gras with a heaping pile of Creole-Spiced Peel & Eat Shrimp — poached in an aromatic broth and aggressively seasoned. Just throw down some brown paper bags on the table, grab an ice-cold beer, and start peeling. During the week of Fat Tuesday, be sure to ask about our other flavorful Bayou-inspired chef specials as well! Featuring 41-50 count shrimp.
Stop Sign Savings...\$5/lb.
9.99 lb.



Oscar Mayer Smoked Cooked Ham
16 oz. Package
Stop Sign Savings...\$2
4.99

Tillamook Sliced Cheese
Selected Varieties.
12 oz. Package
Stop Sign Savings...\$1.50
3.99

Claussen Pickles
Selected Varieties. 20-32 oz. Jar
Stop Sign Savings...\$1.20
2.99

Dean's Dips
Selected Varieties. 12-16 oz. Tub
Stop Sign Savings...\$1.10
1.69

Harris Ranch USDA Choice
100% Natural
**Petite Sirloin
Roasts or
Steaks**

This is a very versatile and
flavorful cut of beef. And, it's
the superior quality marbling
that leads to super taste and
tenderness in every bite.

Stop Sign Savings...\$1.50/lb.
3.49/lb.



Harris Ranch Premium 100% Natural Black Angus
**90% Lean
Ground Beef**

1 Lb. Chub. No antibiotics, no
added hormones & fed an all vegetarian diet.

**Stop Sign
Savings...\$1 ea.**
3.99 ea.



**Nugget's Sausage of the Week:
Hot and Sweet
Pork Sausage**

A great blend of flavors!

**Stop Sign
Savings...\$1/lb.**
3.99/lb.

Harris Ranch USDA Choice
**Swiss Steak or Bottom
Round Roast**

A versatile cut of beef.
Stop Sign Savings...\$1.50/lb.
3.49/lb.

Foster Farms California Fresh
**Split Chicken
Breasts**

In a value pack!
Stop Sign Savings...\$1.12/lb.
1.67/lb.

Superior Farms USDA Choice
**Lamb Shoulder
Chops**

Excellent flavor.
Stop Sign Savings...\$1/lb.
4.99/lb.



**From our Specialty
Cheese department...
CAVE AGED GRUYERE**

A Swiss classic that has been cave-
aged in sandstone caves for at least
one year. Slightly aromatic, with a ro-
bust, assertive flavor. Excellent served
with dark bread and figs or melted
in gratins,
fondues
or soups.

Save 1.00/lb.

Fine Quality Seafood

Excellent for a Shrimp Cocktail!
**Cooked & Peeled Large
Salad Shrimp**

Previously frozen.
Stop Sign Savings...\$1/lb.
5.99/lb.

Enjoy Broiled, Baked or Grilled...
**Fresh Dover
Sole Fillets**

Mild, sweet & delicate.
Stop Sign Savings...\$2/lb.
5.99/lb.

Excellent Grilled!
**Fresh Swordfish
Steaks**

Firm and flavorful.
Stop Sign Savings...\$5/lb.
11.99/lb.

fresh produce

Grown in Mexico
**Fresh & Sweet
Blackberries**

Plump beauties in
a 4.4 oz. Pkg.
Save \$3.98 on 2
2/\$4
\$2 each

Grown in Nevada
Yellow Onions

Fresh for all
your cooking
needs.
Save 64¢/lb.
4 lbs./\$1
25¢/lb.



Sweet and Juicy
**Fresh
Hawaiian
Papayas**

Aloha! Take a bite into our flavor-
ful Hawaiian Papayas. These full-
bodied Hawaiian Papayas have
a pleasing tropical fragrance.
Not only do they smell and taste
amazing, but they also have
great nutritional value.

Save \$2.98 on 2
2/\$5
\$2.50 each

Grown in Chile
**Farm Fresh & Ripe
Peaches**

Ready to eat,
sweet and juicy.
Save \$1.02/lb.
1.97/lb.

Grown in Mexico
**Organic Red & Ripe
Tomatoes**

Super slicers for
a sandwich.
Save \$1.02/lb.
2.97/lb.

Grown in California
**Organic Hass
Avocados**

A fresh new crop for
the best guacamole.
Save 98¢ on 2
2/\$3
\$1.50 each

Grown in Chile
**Dapple Dandy
Pluots**

A hybrid of plums
and apricots.
Save 99¢/lb.
2 lbs./\$4
\$2.00/lb.

**Fresh Express
Salad Mix**

Caesar, Caesar Lite,
Caesar Supreme,
or B.L.T. Caesar.
Save \$2.98 on 2
2/\$5
\$2.50 each

All Stop Sign Savings are limited to 4 items per household through the sales effective dates unless otherwise noted. We reserve the right to limit individual purchases to four packages of any item for sale, except items where otherwise noted. Sale items are not available to any commercial dealer or wholesaler. Items are subject to stock on hand. All items not available at all stores. Photos & Illustrations are for display purposes only and do not necessarily depict items that are on sale. We reserve the right to correct all printed and/or typographical errors. daly design inc. © 2009. All rights reserved.